# “A Plan For Meeting Goals” Survey

Name _____ Company _____

On a scale from 1-10 (10 being highest), how would you rate yourself according to each of the phrases? ***You must have a plan WITH SUPPORT! This is what that looks like:***

1. I have specific, measurable, big picture goals in place that I refer to once a week.
   1 2 3 4 5 6 7 8 9 10

2. These goals are written down and posted in an obvious place for me.
   1 2 3 4 5 6 7 8 9 10

3. I have a specific written “Timeline Of Change” that guides my daily work.
   1 2 3 4 5 6 7 8 9 10

4. I have a “Goal Map” that tells me when I need to do what to reach my big picture goals.
   1 2 3 4 5 6 7 8 9 10

5. I have written Expectations Of Progress to help guide my emotional journey of growth.
   1 2 3 4 5 6 7 8 9 10

6. I have a written list of Obstacles that I anticipate getting in the way of me achieving my goals.
   1 2 3 4 5 6 7 8 9 10

7. I have a written plan in place to overcome any Obstacle that comes up.
   1 2 3 4 5 6 7 8 9 10

8. I have a Strategic Timeline Of Recognition and Encouragement to energize the journey and recognize/celebrate achievements.
   1 2 3 4 5 6 7 8 9 10

9. I have a “Proven List of Resources” to TRAIN MY BRAIN on an ongoing basis.
   1 2 3 4 5 6 7 8 9 10

10. I read at least one “Development Book” each month in an area where I want to improve and see change.
    1 2 3 4 5 6 7 8 9 10

11. I utilize my PhD (pigheaded determination) to successfully Manage My Time every day.
    1 2 3 4 5 6 7 8 9 10

12. I have a Qualified Mentor (A Yoda, Gandalf, Morpheus, Mr. Miyagi type of person) in my life that is Leading Me each week by giving me new perspectives and challenging homework.
    1 2 3 4 5 6 7 8 9 10